

Fort Zumwalt School District HEALTH CARE INFORMATION

Dear Parent or Guardian:

The Fort Zumwalt School District, with parent/guardian written consent, will provide basic treatment for minor illness and injury while at school. The district may also administer the following non-prescription, over-the-counter medications, based on nursing assessment, with parent/guardian consent:

Anti-itch

Benadryl cream
Caladryl/Calamine lotion
Hydrocortisone cream 0.5%
& 1%

Eye Care

Contact lens
solution/lubricating drops
Saline solution eye
wash/irrigation
Allergy eye drops

Visine eye drops

Oral/Dental

Anbesol/Oragel
Chapped lip ointment
Sore throat spray
Salt for gargle
Vaseline Petroleum

Dental wax

Wound care

Bactine/Wound care wash

Burn cream

Triple Antibiotic ointment

Miscellaneous

Isopropyl alcohol
Aloe Vera
Baking Soda
Hydrogen peroxide
Non salicylate muscle rub
Sting Kill (for insect bites)
Antacids/Tums
Vaporub

*generic version of all OTC medications are acceptable

Acetaminophen: – registered nurse can give acetaminophen ten (10) times only during the school year for a headache, pain, fever, injury or menstrual pain. **The parent/guardian must give verbal permission.** If your student requires District provided acetaminophen more than 10 times, the parent will have to provide the medication.

Emergency Medication

In an effort to serve the students of the Fort Zumwalt School District, as well as meet the medication guidelines of the State of Missouri and policies set by the School Board, the following emergency medication should be available:

Albuterol: – (aerosol) for asthma related reactions in emergency, potentially life threatening situation

Benadryl tablets/liquid: - for allergic reaction

Age 5-11: Benadryl liquid 1-2 tsp. or 25 mg X1 for allergic reaction without signs of anaphylaxis if parents cannot be reached

Age 12 – 21: Benadryl 1 or 2, 25 mg capsules X 1 for allergic reaction without signs of anaphylaxis if parents cannot be reached

Epi-Pen: emergency use for allergic reaction/anaphylaxis

Glucose testing: supplies for emergency testing of diabetic students only

Oxygen: emergency use

State law requires parental consent in order for the school nurse to treat your child

Please sign the “Health Inventory and Health Care Consent Form”